

COACHING SKILLS TRAINING

This course allows you to adapt your skills as a coach and use them more creatively when you're working with people. It focuses on the key elements of classic coaching models so as to remove unnecessary complexity and fast track understanding.

MAIN BENEFITS:

- + Be able to call upon a range of different communication methods to allow a more effective coaching relationship.
- + Be able to make your coaching sessions more meaningful.
- + Be able to employ different models to support increased and faster learning.
- + Know how to influence and motivate other more effectively.
- + Know how to affect change.

WHAT YOU'LL LEARN:

- + How to use different communication methods to build a more effective coaching relationship.
- + How to introduce different models to support increased and faster learning.
- + How to influence and motivate other more effectively.
- + How to affect change.
- + The coaching process.
- + How to interact in sessions and throughout the longer coaching process.
- + How to maintain the coaching contract.
- + The subtleties of communication during the coaching process.
- + The different ways people learn and how to find the best methods and models for different coachees.
- + How to think differently, find fresh perspectives and acquire new behaviours.
- + How to use different tools to help your decision-making, planning and facilitating change.
- + How to work with groups in different scenarios.
- + How to develop creativity.

WHO SHOULD DO THIS COURSE?

Managers and coaches.

COURSE DATES

This is a bespoke course which we'll design for you and however many delegates you'd like to attend.

Please get in touch to discuss dates and availability.

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